

# On the Line



***Our Core Values: Pride, Respect, Duty, Unity, Integrity and Compassion.***

## In This Issue...

Chief's Corner.....	2
From President to Protocols—A/C Light.....	3
Complacency vs. Invincible—Capt. Mitchell...	4
The Disaster Cycle—Lt. Mike Gentosi.....	5
Around the Department.....	7
Member Profile: Rob Zahnd.....	8
Protocol Review.....	9
A Unified Voice Speaks—Fire Marshal Rech.	10
Picture This.....	11

## Upcoming Events

**October 5-11**

### Fire Prevention Week Activities

- **Sunday, October 5<sup>th</sup> from 2:00 p.m. to 4:00 p.m.**  
**Display at The Home Depot - 10850 Plum Dr.**
- **Wednesday, October 8<sup>th</sup> from 6:00 p.m. to 8:00 p.m.**  
**Display at Homemakers Furniture - 10215 Douglas Ave.**
- **Saturday, October 11<sup>th</sup> from 1:00 p.m. to 4:00 p.m.**  
**Fire Department Open House at Station #42 - 3927 121<sup>st</sup> St.**

See page six for further details

### UFD statistics for July

Calls for service: 200 YTD: 1,646

Average response Time – All incidents: **6 minutes and 53 seconds**

Average response Time – Emergency incidents: **6 minutes and 36 seconds**

**Emergency Medical Service calls: 147**

**Average Response Time EMS : 6 minutes and 29 seconds**

EMS Emergency: 6 minutes and 22 seconds

EMS Non-Emergency : 6 minutes and 41 seconds

**Fire related calls: 53**

**Average Response Time Fire: 7 minutes and 45 seconds**

Average turnout per fire incident: 6 people

We received mutual aid five times – all for EMS calls.

We provided mutual aid twice—once for EMS and once for a fire call.



### Types of Fire Calls

The 53 fire calls we had in June fall into the following categories:

<u>Fire / Explosion:</u>	<u>12</u>
<u>Hazardous Condition:</u>	<u>3</u>
<u>Service Calls:</u>	<u>6</u>
<u>Good Intent Calls:</u>	<u>11</u>
<u>False Call:</u>	<u>20</u>
<u>Overheat:</u>	<u>1</u>



### Birthdays:

Kim Bruce	Oct 16 (SST member)
Stuart Wilson	Oct 18
John Torpy	Oct 27 (SST member)





You are at a neighboring department that is conducting a funeral for a retired firefighter who passed away. As the order of "Present Arms" is made, you look left and right to see what everyone else is doing before timidly raising your hand in an effort to conduct the salute that you see everyone else doing. At another event, you are in uniform at the Friday night football game when the National Anthem is played...are you sure of how you are suppose to respond to the playing of the National Anthem? The fire service hasn't really done a very good job of preparing our members for the customs and courtesies that require us to stand at attention and salute.

While there is not space in this column to cover all of the aspects of customs and courtesies, I did want to take the opportunity to cover the very basic procedures that are a part of the expected behavior when dealing with these situations.

First of all, even though we are a "paramilitary" organization, there is no expectation that we adhere to all of the customs of the military. We do treat higher ranking officers with the respect the position demands but we don't routinely salute higher ranking members nor stand at attention when they enter a room. We should however, have an understanding of the expected behaviors when the flag is presented, when a salute is expected and what to do when the National Anthem is played.

#### ***Conduct during hoisting, lowering or passing of flag***

During the ceremony of hoisting or lowering the flag or when the flag is passing in a parade or in review, all persons present except those in uniform should face the flag and stand at attention with the right hand over the heart.

Those present in uniform should render the military salute. The salute to the flag in a moving column should be rendered at the moment the flag passes.

When not in uniform, personnel should remove their headdress with their right hand and hold it at the left shoulder, the hand being over the heart.

#### ***Conduct during playing of National Anthem***

Whenever and wherever the National Anthem is played, at the first note, personnel in uniform and not in formation face the flag or the music (if the flag is not in view), stand at Attention. Personnel not in uniform should remove their headdress with their right hand and hold it at the left shoulder, the hand being over the heart.

Persons in uniform should render the military salute at the first note of the anthem and retain this position until the last note. When the flag is not displayed, those present should face toward the music and act in the same manner they would if the flag were displayed there.

**When the "National Anthem" is played indoors, per-**

**sonnel stand at "Attention" and face the music, or the flag if one is present. They do not salute.**

**Salute:** On occasion, fire department personnel participate in events that may require a salute such as the passing of the flag in a parade, during the National Anthem and at funerals. The procedure for a proper salute is:

The salute is rendered in full uniform (including a hat). The salute is given from a position of full ATTENTION, standing straight with the left arm at the side, hand against the thigh and the fingertips curled slightly inward. The feet should be placed with the heels together, the toes pointing outward at a 45-degree angle (not together).

Your fingers are together, straight, and your thumb snug along the hand in line with the fingers. Your hand, wrist, and forearm are straight, forming a straight line from your elbow to your fingertips. Your upper arm (elbow to shoulder) is horizontal to the ground.

In saluting, turn your head and eyes toward the person or flag you are saluting. Bring your hand up to the correct position in one, smart motion without any preparatory movement. When dropping the salute, bring your hand directly down to its natural position at your side, without slapping your leg or moving your hand out to the side.

When wearing a hat, the forefinger touches the hat slightly above and to the right of your right eye.

The proper procedure for the salute without headgear is to raise your right hand until the tip of your forefinger touches the outer edge of your right eyebrow (just above and to the right of your right eye). A salute is also rendered:

- When the United States National Anthem is played
- Department Funerals
- When pledging allegiance to the US flag outdoors

**Salute During a formal ceremony:** During a ceremony, the order to salute will be given by a command. There are two commands to conduct the salute. The commands are Present, ARMS and Order ARMS. On the command, Present ARMS, the first count of hand salute is executed (Bring your had to the correct position in one smart movement). Count two of hand salute is performed when given the command Order ARMS. (Drop the salute by bringing your hand down to its natural position at your side without slapping you leg or moving your hand out to the side.)

The rich history of military customs and courtesies live on in the fire service...be prepared to carry out your expected performance. Practice makes perfect!

From Presidents to Protocols—AC Rob Light

Everyone seems to be talking about change these days. Take the presidential candidates for instance... one promises “change”, “change”, “change” with no solutions while the other offers “change we can believe in”. There is change for the better and change that makes things worse. Today I am focusing on change for the better as I introduce the protocol changes.

I am going to try and simplify this process as much as possible so here goes...

MAST pants and nitrous oxide have been removed due to lack of use and our other ALS capabilities.

OOHTTDP has been changed as follows:

- o FORMATTING
  - Updated to a one column format with steps to follow
  - Removal of individual trauma care facilities by level
- o Step 1 - Assess for Time Critical Injuries: Level of Consciousness & Vital Signs
 

**Update:** Glasgow Coma Score < 14
- o Step 2 – Assess for Anatomy of an Injury
 

**Update:** Partial or full thickness Burns > 10% TBSA or involving face / airway

Addition: Crushed, degloved or mangled extremity

**Addition:** Any open long bone fracture

- o Step 3 – Consider Mechanism of Injury & High Energy Transfer

**Update:** Falls – Adult: > 20 ft. (1 story = 10 ft)

Addition: Vehicle telemetry data consistent with high risk of injury

**Update:** Rollover (unrestrained occupant)

- o Step 4 – Consider risk factors

**Addition:** Time-sensitive extremity injury

**Addition:** Anticoagulation and bleeding disorders

- o For all Transported Trauma Patients:

- o **EMS does NOT:**  
**Call a “Trauma Alert”**

- o EMS does:  
Give patient report to include: MOI, Injuries, Vital Signs & GCS, Treatment, Age Gender and ETA

- o Obtain further orders from Medical Control as needed.

Continuing with the changes...

Nitro paste has been added as an additional option for CHF patients.

Appendix N for pain relief is referred to in several of the other protocols. Paramedics need to be familiar with their pain control options.

Appendix R has been added for intranasal medication administration and here is the new Appendix R. Appendix R is part of this month’s protocol review...this month’s protocol reviews can be found on page 9.

The organ donor option has pretty much been mandated by the state now so I have also included that for your reading pleasure in this month’s protocol review. I know organ and tissue donation are good things and many people have made that decision already, but I know I have failed to ask about it on code scenes myself. We need to call the Iowa Donor Network to see if the deceased patient is a donor so they can get moving on it.

Finally, there are several minor changes here and there. I will be sending everyone the protocols via e-mail. For those of you who do not wish to receive these, let me know.

Thanks and have a happy day!

And the Winner is..... Make A Wish Foundation

The Red vs. Blue flag football game once again had Red taking home the trophy with a win of 18-14. It was a cold windy night to play and thanks to all who participated in the game along with all that came to support their team. So far, over \$13,100 has been raised for Make-A-Wish.

We had another great year with only one loss and that loss was only by four points. On the other hand, PD had a tough year only winning one game all season...we can take a lot of pride in helping them feel a little better about their year.

Brett Ridge, Executive Director & CEO of Make-A-Wish Foundation of Iowa notified Gary Lang (Urbandale PD) that the 2007 game raised the third largest amount in an external event in Iowa in 2007. The group’s efforts will be

recognized at the Make-A-Wish annual Conference on October 11th. Great job everyone!

There were a lot of people who were part of this effort from both PD and FD. Thanks to Rodney Silvers and Demir Miljkovic for all the fund raising prior to the game and all

t h e h a r d w o r k o r g a n i z i n g t h e e v e n t.



Complacency vs. Invincible—Capt. Jim Mitchell

There are many things in life that just become second nature. Some of the more common events might include backing your vehicle out of your driveway, brushing your teeth, tying your shoes, etc., etc., etc. However, second nature can easily be converted to our becoming lackadaisical, taking for granted, short cuts, etc. Basically, we find that we take the easiest route to perform the most basic tasks and we just do some things so often that we really don't even have to think about doing it. Something else that we humans fall victim to, along with complacency, is invincible. Or, are these two mind sets the same?

Over the past 23 years, I have witnessed, (and probably be guilty of myself), folks in the fire service that attend a recruit class or drill school and think that they have completed all of the training that they will ever need. I have also known folks that become so complacent that they think that attending in-house/department training is all that they need to do. I also have known people that feel that the department is responsible to inform and educate them of everything they need to know about firefighting or providing pre-hospital emergency care. I have also known those folks that have the attitude that it will never happen to them. Let me clarify. Do you know a person or people that think they will never be on that truck that receives vertical ventilation, so why do I need to know about roof operations. Or the person/people that believes that they don't need to know everything about EMS care because they can always depend on someone else to step-up and do that job. Or, what about the person I like to call them Mr. or Ms. Morton? Can you figure out the type of person named Morton? It's that person that has 2 years in the fire service, but thinks they have 22 years of experience! It may even be that person that thinks they've seen it all.

Now you get to hear me preach about following the basic skills of this job. Make sure that if you and your crew are sent to the roof to ventilate, you stay on the roof ladder. That you get off the roof as soon as the hole is completed. Make sure that when you are entering a smoke filled structure you are on your knees and sounding the floor in front of you. Make sure that you take the heart monitor into the residence of the person that calls you because they are experiencing chest pains. Remember, not every EMS call is a bogus call! Don't rely on your partner to do your job! Make sure that you're not relying on someone else to develop a treatment plan for all of your patients. Don't rely on the rest of your crew to hump a victim out of a structure fire because you are NOT physically fit. Don't rely on your partner or Officer to provide directions to every call that

you drive because you don't know the territory!

Have pride in your work! Make sure that not only can you do the job, but that you have perfected your craft. What is your craft? Well, it really depends on your certification level, your tenure and your rank. A firefighter/EMT-B should be able to perform every skill outlined in NFPA 1001 and 1002 and performing all of the skills identified in the DOT EMT-Basic curriculum. A paramedic should be able to perform all of the skills mentioned above as well as that of the Paramedic curriculum. Being an Officer is way more than being able to direct people. An officer needs to be able to perform all of the tasks of their subordinates. That would include everything mentioned above and being able to pump the Engine and understand the hydraulics of any scenario, setting-up the aerial, routes to addresses, etc., etc., etc..... In addition to knowing all of the skills of their subordinates, an officer needs to know how to teach, instruct, coach, re-direct, council, etc.

If this all seems like it is too much work for you or that you have already worked hard enough, then you may want to consider a different hobby/line of work! Remember, mastering the craft should be everyone's goal. Once you have mastered the craft, fine tune it. Assure that you have mastered it by utilizing the safest procedures possible so that you don't let anyone down, i.e.; your partner, your crew, your department, your community and your FAMILY! Make sure that you retire healthy so that you are able to enjoy your retirement! Attend as much training as possible, internal and external programs! Never stop learning! As posted on Firefighterclosecalls.com, "Don't train until you get it right, train until you can't get it wrong!"

**Last Safety Incident**  
**16 days without a safety incident**  
**52 days without a lost time injury**

There was no winner in the trivia question in the September issue. The question was what two buildings were the primary and secondary EOC for the City of Urbandale. The answer is that station 42 is the primary EOC and the Police Department is the secondary EOC.  
  
John Ouverson's name was pulled from the list of names of people who responded to the survey regarding the newsletter and how it could be improved. John will receive lunch on the Chief! Many thanks to those of you that took the time to complete the surveys!

**Safety Tip**

Beware of where the fire is at within the structure and the events that can happen. Remember – Risk Management – risk a lot to save a lot, risk a little to save a little. If it's not safe, get out. We recently had a crew that had the ceiling fall on them when they were trying to find the fire in the attic. Luckily, no one was hurt, and they got up and continued to fight the fire – way to go guys.



## The Disaster Cycle—Lt. Mike Gentosi

I thought I would share a little about some of the stuff I have been learning in school. To start, I will say that education is such a pursuit and a good experience. I often get a little overwhelmed at some of the stuff that needs to be accomplished, but I am always encouraged to learn new things. It will only be a betterment to any of us to continually pursue formal education. Formal education accomplishes several goals.

First, I restate that it is always good to learn new things. New things will always help you do your job better and will keep you moving forward in your career path. Second, it helps to keep you on your toes with projects and deadlines. If you want something to help out with time management, take some classes. It gets even tougher with time management with on-line classes because you have to self-motivate and create your own agenda. I only have the spring semester left with on-line course work then to finish the rest of my education at a university locally. I look forward to this because I am not the most motivated or driven person when it comes to sitting down and doing school work at home.

Third, it will help you with upward advancement in your career path. The days are long gone when strict years on the job was your ticket to promotion. Education is a huge deal in today's society despite whether it is always a good or bad thing. This isn't just fire service specific. It is across the board in most industries. The fire service is actually a little behind the game, in my opinion. If you look at the career positions at UFD, you will see that education is valued. Lieutenants up through Assistant Chief is an associates preferred (at one time the AC was associates minimum with bachelors preferred). The Fire Chief (which the job title is actually Fire Chief/Emergency Preparedness Director) has a bachelor's minimum with masters preferred. The union folks, both at UFD and UPD, have an education incentive built into their contracts to award money dependant on the level of education. Again, whether a good or bad thing dependant on your opinion, it is what it is. You can look at the three career chiefs we have and see how they value education. Chief has a masters and EFO, AC Cardwell has a bachelors and EFO, and FM Rech has a bachelors. Education is obviously pivotal.

The Disaster Cycle is broken down into four phases: mitigation, preparedness, response, and recovery. These terms can also relate to what we do in the fire service. Mitigation is reducing the affects or limiting the results of a disaster.

In the fire service, this would correlate to fire sprinkler systems, fire walls, etc. These systems don't stop the situation from happening; they decrease/limit the affects of the situation. In the emergency management realm, mitigation would be levees, flood walls, building elevation requirements, and set backs from waterways.

Preparedness is a state of readiness to respond to any disaster. In the fire service, we would correlate this to fire preplanning and fire/EMS training/drills. In emergency management, it would be having a Disaster Plan for the community. The plans that are recommended are called the All-Hazards Approach. This allows for one plan to fit all types of circumstances we may encounter. It provides for a fluid plan.

Response is obviously a simple one. This is when the disaster is about ready to happen, is happening, or just happened. It is a little easier to envision a hurricane or flood emergency in light of something that is about to happen. Our typical day-to-day emergencies in the fire service are more on the happening or just happened areas of response. We don't typically get 9-1-1 calls that state there is going to be a fire tomorrow at 1920 at a specific location. Hurricanes and floods are different because there are predictors and response forces can better mobilize to respond.

Recovery is the phase after the emergency needs of the area are met and reconstruction is being initiated. This is also where the cycle starts over again. During the recovery phase, it is time to incorporate mitigation aspects into new construction. This also plays into preparedness. The preparedness plan will be tweaked dependant on strengths and weakness of the response phase (Brower, Eschelbach, and Schwab, 2007).

This is my third semester of emergency management education, and I have just learned something new and simple. It may just be because I am a slow learner and a low attention span, but nonetheless I digress. One of the courses I am taking this semester is Disaster Preparedness. We were reading through an article that termed a fifth cycle-Prevention. This will get the Rech-ing Ball excited!! In the above referenced text and several other texts I have read, prevention is buried within mitigation. This is something that shouldn't happen and undermines what we are all about in public safety- stopping the bad things from happening.

See *Disaster Cycle* continued on page 6...

## Training Opportunities

The following are training classes that are offered around the state. If you are interested in any, please turn in a training request to your Officer.

IEMSA Conference Nov 13-15. Des Moines Convention Center

NATA – Nov 1-2. Iowa Central Community College – Ft. Dodge



## ON THE LINE

*Disaster Cycle* continued from page 5...

Prevention is literally that, stopping the incident from occurring. If you read above, mitigation is reducing the affects of an incident. They are two distinct items (Pelfrey, 2005). We have been going back and forth in my class arguing both cases- should prevention still be incorporated into mitigation or should they be separated. They should obviously be separated, and of course I am right!!! They can compliment each other to protect the community. Here would be a couple examples of prevention- not allowing people to build in a flood plain, changing hazard-prone behavior, surge protection, cleaning your chimney once a year, or wait how about this- not packing millions of people on one of the worst fault lines in our country, the list could go on and on.

Nonetheless, this article may have completely bored you, but I thought I would pass on a little information on something new.

I'm out!!!!!!!

Brower, David J., Eschelbach, Katherine, Schwab, Anna K. (2007). *Hazard Mitigation and Emergency Preparedness*. Hoboken, N.J.: John Wiley & Sons, Inc.

Pelfrey, William V. (2005). The Cycle of Preparedness: Establishing a Framework to Prepare for Terrorist Attacks. *Journal of Homeland Security and Emergency Management*. 2(1).



## Fire Prevention Week Activities

**Sunday, October 5<sup>th</sup> from 2:00 p.m. to 4:00 p.m.**

**Display at The Home Depot – 10850 Plum Dr.**

We will have a fire truck and various fire equipment on display. Firefighters will have important information to hand out regarding new smoke detector requirements for homes. There will also be plenty of stickers, pencils, and fire prevention information for you to take home.

**Wednesday, October 8<sup>th</sup> from 6:00 p.m. to 8:00 p.m.**

**Display at Homemakers Furniture – 10215 Douglas Ave.**

We will have a fire truck and various fire equipment on display. Firefighters will have important information to hand out regarding new smoke detector requirements for homes. There will also be plenty of stickers, pencils, and fire prevention information for you to take home.

**Saturday, October 11<sup>th</sup> from 1:00 p.m. to 4:00 p.m.**

**Fire Department Open House at Station #42 – 3927 121<sup>st</sup> St.**

Come meet our firefighters and see a variety of firefighting vehicles and equipment. Firefighters will have important information to hand out regarding new smoke detector requirements for homes. There will also be plenty of stickers, pencils, and fire prevention information for you to take home. Please join us for fun and fire safety education.

**Fire Prevention Week 2008 – “Prevent Home Fires”**

**Other programs/training/projects completed by UFD in August:**

**Training Report: 338 hours** of training were completed in August.

Fire Training: 280 hours

EMS Training: 58 hours

**Prevention & Inspection Activities:**

Other programs/projects:

- Completed 21 Inspections
- Completed 12 re-inspections
- Completed 4 preplans
- Conducted 14 plan reviews
- Conducted 3 Car Seat check
- Conducted public education for 296 people

			Chil- dren	Ad ults	
8/2/2008	Principal Park	Make-A-Wish Picnic	60	80	
8/5/2008	3520 86th	Extinguisher training	0	15	
8/7/2008	5915 Sutton Pl.	Workplace Fire Safety class	0	10	
8/10/2008	St.42	Station tour	7	8	
8/23/2008	8100 Airline	Truck for a kids event	30	10	
8/29/2008	2751 Parkside Cir.	Extinguisher training	0	15	
8/30/2008	15812 Maple Dr.	Truck for a birthday party	15	15	
8/30/2008	12911 Hammontree	Truck for a block party	17	14	Total
			129	167	296



This Month's Trivia Question: Why were Dalmatians considered to be the best fire dogs?



**WHAT'S HAPPENING AROUND THE DEPARTMENT...**

- The Fire Department Safety Committee got kicked off in September. The group made up from Union representation as well as POC and officer representation is charged with reviewing the department's operations in relation to NFPA 1500. The purpose of the group shall be to conduct research, develop recommendations, and study and review matters pertaining to occupational safety and health within the fire department. They will also be conducting review of all safety incidents before they are forwarded to the City's Safety Committee and identify ways of preventing future reoccurrences. They have a great deal of work to do and are tasked with keeping our staff members safe and healthy. Those on the Safety Committee are; FF/PM Jamie Erie, FF/PM John Ouverson, FF/PM Craig Jensen, FF/PM Kyle Bissell (Alternate), Captain Mitchell, Chief Danford, and Chief Cardwell.
- The Training facility Committee kicked off their work this month. Lt. Birkett, Captain Mitchell and Chief Cardwell met in September to discuss the project before

meeting in October with the Clive Committee. The project is a joint effort between Clive Fire and Urbandale Fire to building a live fire training facility that will include a four-story training tower for ladder work and rope rescue operation training. Clive FD is contributing 1/3 of the total cost of \$570,000 for the project to be constructed at station 42. Plans are expected to be finalized in early 2009 with the project moving forward with construction in June. It is hoped that the facility will be ready for training in July or August 2009.

- The training schedule is being reconfigured to allow for additional training. The intent is that we have highly trained and qualified firefighters/EMTs delivering services for our department so that we can achieve our mission.
- The surveys regarding the Newsletter were received in September. The feedback that was received is being reviewed and the newsletter will reflect those suggestions starting with this edition.

## Member Profile...

**Member Profile:** Rob Zahnd

**Length of time with UFD:** A little over a year I believe.

**Level:** Part-time FF/Paramedic

**Why I became interested in the UFD:** Mostly it is the culture. There is a very strong culture within the UFD and it clearly starts at the top. The core values are clearly embodied at every level of the organization, and it is really cool to be a part of that.

**Previous EMS experience:** I have worked with the Boone Fire Department for almost three years and I worked for Marshalltown Area Paramedic Service for almost four years.

**Previous Fire experience:** As previously mentioned, I have worked in Boone for almost three years now, and I volunteered in State Center for around three years prior to moving to Boone. I have also been an instructor with the Fire Service Training Bureau for a little over three years now. Teaching is my passion and I really wish I could do it full time.

**Family life:** Married to my beautiful wife Lori for a little over two years, my angel daughter Kennedy will be four in November and a yellow lab/golden retriever mix named Gunner.

**Current Profession:** I am a firefighter by profession and by passion. I have worked in Boone for almost three years, but I have been involved in the fire service for 13 years.

**Activities or hobbies I enjoy:** I like doing things outdoors, like hunting, fishing, and camping. I am a sports nut. GO BEARS and GO CUBS!!

**Most memorable moment with UFD:** The Red vs. Blue football game last year. I didn't do much, but it was cool to be a part of that.

**Most memorable moment outside of UFD:** Easily the birth of my daughter!

**Favorite TV programs:** Rescue Me, Man vs. Wild, and any Cubs or Bears game.

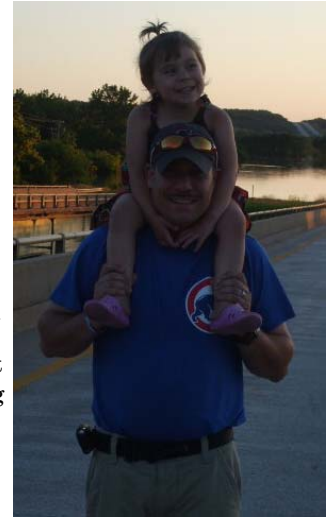
**Favorite movies:** Ladder 49, Backdraft, and the Blues Brothers

**Last book that I read:** 3000 degrees. It is a book about the Worcester, MA Cold Storage Fire

**Personal goals:** Be a great husband and Dad. Finish my associates degree and then get a Bachelors degree, and hopefully move to training position somewhere.

**Words of advice for someone new getting into EMS or Fire:** Train, never stop pursuing knowledge about our craft, be compassionate, and enjoy working in the greatest profession on Earth.

**What I enjoy about the Urbandale Fire Dept:** The people. Awesome people at all levels. Truly a great organization.



### Chief's thanks...

Many thanks to all of you who helped with the Make-A-Wish flag football game. This year's game received a bit of a setback when we determined that the Urbandale High School stadium wouldn't be ready for us but even with that, and a cold dreary day, there were plenty of players and the game was a lot of fun. The outcome was in question until the last few seconds and all of you played well and represented our department with pride. You have a lot to be proud of in the way that you played and supported our team but the greatest thanks goes to everyone for being part of a greater cause...making a wish come true for a child. Thank you for the giving spirit in which you approached this worthy cause and for raising so much money for such a worthy cause...you may never know how much your generosity means in the life of children who receives the gift!





# Protocol Reviews

## APPENDIX K

### Guidelines for EMS Provider Initiating Organ & Tissue Donation

#### **At the Scene of the Deceased**

All appropriate patient care protocols will be enacted to assure patient care is provided according to prevailing standards.

If resuscitation efforts are unsuccessful, or if upon arrival the patient is deceased and without indications to initiate resuscitation, then on-line medical direction will be contacted to confirm that no further medical care is to be given.

*As per Iowa Code 142C.7 a medical examiner or a medical examiner's designee, peace officer, fire fighter, or emergency medical care provider may release an individual's information to an organ procurement organization, donor registry, or bank or storage organization to determine if the individual is a donor.*

*As per Iowa Code 142C.7 Any information regarding a patient, including the patient's identity, however, constitutes confidential medical information and under any other circumstances is prohibited from disclosure without the written consent of the patient or the patient's legal representative.*

At least one EMS provider should remain at the scene until the appropriate authority (medical examiner, funeral home, public safety, etc.) is present.

Contact IOWA DONOR NETWORK at 800-831-4131

## APPENDIX R

### **Intranasal Medication Administration** INDICATIONS

The intranasal route may be used for administering medications as an alternate route for naloxone (Narcan), midazolam (Versed), and fentanyl.

### CONTRAINDICATIONS

Epistaxis

Facial trauma

Nasal congestion or discharge

Any recognized nasal mucosal abnormality

### EQUIPMENT

3cc syringe with MAD (Mucosal Atomization Device)

Appropriate medication and dose

### PROCEDURE

Determine correct medication

Disconnect MAD (Mucosal Atomization Device) from included syringe.

Fill syringe with desired volume of medication and eliminate remaining air.

Connect the MAD to the syringe.

Place the MAD tip in the nostril.

Compress the syringe plunger to spray ½ of the atomized solution in each nostril.

MAD may be reused on the same patient as needed.

### DOSAGES FOR PAIN RELIEF

Fentanyl-Adult 50-100mcg IN PRN for pain relief. May repeat to a max dose of 200mcg total.

Fentanyl-Peds 1mcg/kg IN up to a max dose of 3mcg/kg.

### DOSAGES FOR SEIZURE PATIENTS

Midazolam (Versed)-Adult 0.1-0.2mg/kg IN. Maximum dose 10mg

Midazolam (Versed)-Peds 0.1 mg/kg.

### DOSAGES FOR UNCONSCIOUS PATIENTS

Naloxone (Narcan)-Adult 1-2mg IN

NO PEDIATRIC DOSE

A Unified Voice Speaks—Fire Marshal Jon Rech

A unified voice made history on September 21, 2008 in Minneapolis, Minnesota. 1,762 governmental members of the International Code Council (ICC), including myself, took part in voting that will impact codes for years to come. The 2008 ICC Annual Conference, Business Meeting and Final Action Hearings took place September 14-23, 2008 at the Minneapolis Convention Center. During this conference, hundreds of potential code changes are debated and voted on. The potential changes impact all types of ICC Codes such as Building, Property Maintenance, Fire, Residential, etc. It wasn't too long ago that the fire service did not have much voice in the various code changes that took place. In fact, for many years architects, engineers, homebuilders, and private industry were the primary authors of fire codes. Anyone else see the inherent problem with this?



after they entered the house. The house was only six years old and was of lightweight construction like the homes constructed in our community. The opponents of residential fire sprinklers still feel that fires are a problem in 'old' homes. But a unified voice has spoken otherwise.

I feel fortunate to have been able to participate in such an important voting process. But everything is not all rosy yet. Despite official code approval, you can count on the opponents of residential fire sprinklers doing whatever it takes to make sure this doesn't get adopted at the local level. It will be interesting to see what will happen next. The Fire Service understands the importance of residential fire sprinklers and their role in saving the lives of citizens, and just as important – OUR-

SELVES!!

On September 21<sup>st</sup>, the Fire Service made a big statement to the members of the ICC – we are a unified voice that will be heard! Final action hearings on the requirement for residential fire sprinklers in townhomes and single-family dwellings were debated and voted on. Both motions were unanimously approved (over 73%). What this means is that residential sprinklers shall be required in all new one and two-family houses and townhomes effective January 1, 2011. The testimony that took place regarding the sprinkler issue was pretty amazing. Both sides of the debate brought a variety of voices to be heard. But it was evident early on where the firepower was (no pun intended!). The leaders of organizations such as the International Association of Fire Chiefs, National Volunteer Fire Council, International Association of Fire Fighters, and National Association of State Fire Marshals all had very poignant and moving testimony. Dozens of other representatives on both sides of the debate provided thorough, and often emotional testimony on the issue.

But for myself and many other brothers and sisters of the Fire Service in attendance, the last person to provide testimony provided the most emotion and impact. Green Bay, Wisconsin firefighter Jo Brinkley-Chaudoir provided a step-by-step account of the fire on August 13, 2006 that caused career-ending burns for her, and took the life of Capt. Arnie Wolff. She and Capt. Wolff fell into the basement after the first floor collapsed shortly

With Fire Prevention Week just around the corner, we must continue to provide a comprehensive, consistent message of fire safety to all ages. We must be ready to answer questions from our customers about the new State smoke detector requirements. As word gets out about the residential sprinkler requirement, you can count on many questions from our customers. You need to be prepared to answer these questions when you are presented with them. Just remember, while the residential fire sprinkler requirement might be uncharted territory for us, it's not like it has never been done anywhere else. There are currently over 200 communities across the country that require residential sprinklers in all homes. One community started requiring them in 1977!

Change is uncomfortable, but change is inevitable. September 21, 2008 was a historic day for many. The Fire Service made a tremendous leap forward. We must now continue to build upon our unified voice to ensure life safety will stay in the forefront of our code officials, elected officials, and customers. We are the marketing tools that can make this happen. There will be much more forthcoming regarding residential fire sprinklers and smoke detectors. It is up to all of us to ensure our customers receive the appropriate information.

*Beginning in January of 2011, all residential structures will require the installation of sprinkler systems.*



# Picture this...

Pictures from the football game!



The “Steel Curtain” glares at their opponents before game time...John McCannon was the defensive star of the game...with an impressive 52 tackles...38 of those being for a loss of yardage. Stu Wilson and Jeff Gilchrest were Co-Offensive linemen of the game. Other standouts were Josh Olsen, J.B. Shearer, Craig Pope, Demir Miljkovic, Kyle Karsjen, Rob Zahnd, Jamie Erie, Chad Jackson, Lance Routson, and Rod Silvers. Scouts from three NFL teams were in attendance to check-out all of the Big Red’s talent.



UPD Honor Guard presents the Color before the game.



A “wiggled out” Lt. Routson breaks free on a pass play on first and ten. Routson finished the day with 27 catches for 289 yards.

(All stats courtesy of a concerned bystander!...You do know it was only a 50 yard field?)



The “Big Red” offense gets ready to rumble...The Offense was able to rack up 724 yards of total offense in this impressive performance. Rod Silvers and Craig Pope combined for 68 of 72 passes for 560 yards with 2 interceptions. Demir Miljkovic was the leading rusher with 109 yards rushing. The defense was equally impressive by holding UPD to only 42 rushing yards and 34 passing yards and the defense came up with 4 interceptions. The Big Red team totally dominated both sides of the ball and truly showed compassion on UPD by allowing them to avenge last year’s defeat and take the trophy back to PD Headquarters.