



On the Line



Our Core Values: Pride, Respect, Duty, Unity, Integrity and Compassion.

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Upcoming Events

November 14th & 15th

Chief Rubin and Chief Billy Hayes to discuss Columbia Southern University and Waldorf College opportunities. Following those discussion will be classes on FD Customer Service and Safety. Please plan on attending these informational sessions as well as the classes.

November 14: 9:30 am - discuss CSU / Waldorf College programs. Customer Service class from 1:30 to 3:30 pm

November 15: a repeat presentation at 4:00 pm about CSU / Waldorf services. Command Safety" presentation from 7:30 pm until 9:00 pm.

Be sure to check the pub-ed calendars for upcoming events!

UFD statistics for October

Calls for service: 196 YTD: 2,005

Average response Time – All incidents: **6 minutes and 19 seconds**

Average response Time – **Emergency** incidents: **6 minutes and 18 seconds**

Emergency Medical Service calls: 137

Average Response Time EMS: 6 minutes and 7 seconds

Emergency: 5 minutes and 54 seconds

Non-Emergency: 6 minutes and 14 seconds

Fire related calls: 59

Average Response Time Fire: 6 minutes and 40seconds

Average turnout per fire incident: 7 people

We **received mutual aid seven times**—five times for EMS calls and two times for EMS calls.

We **provide mutual aid three times**—twice for fire calls and once for an EMS call.

Types of Fire Calls

The 59 fire calls we had in October fall into the following categories:

<u>Fire / Explosion:</u>	15
<u>Hazardous Condition:</u>	7
<u>Service Calls:</u>	6
<u>Good Intent Calls:</u>	7
<u>False Calls:</u>	23
<u>Ovr Press/Ovr Heat:</u>	1



68th Street fire

Birthdays:

Brandon Simpson	Nov 1
Lance Routson	Nov 6
Cody Thorne	Nov 8
Dan Birkett	Nov 12
Marcus VanScoy	Dec 4





Chief's Corner—Chief Jerry Holt



To err is human. A statement that everyone in emergency response must understand. People make mistakes—it is inevitable. No one is perfect and I think almost everyone agrees with that. So if we know that people are going to make mistakes, why don't we use that knowledge to plan around those inevitable mistakes? We are supposed to—it is called Crew resource Management (CRM) and it **IS** part of how we are going to operate in the Urbandale Fire Department.

I have taught the concept of CRM in our department numerous times-I believe in it. I know our staff has heard how the airline industry reduced their "failure" rate by as much as 85% by implementing CRM. I know that you have seen the case studies and you have considered how layers of redundancy help increase the safety margin.

Each of our team members represent a layer of redundancy as it relates to safety. Our goal is to trap errors before they result in damaged equipment or worse yet, an injury to one of our brothers or sisters. Each member of our staff represents a layer of redundancy and is **obligated** to speak up and help identify errors **BEFORE** they result in a bad outcome.

I believe the key to implementation of the CRM system is to have courageous self leaders. It takes a great deal of courage to speak up when one sees an error originating at a place in the rank structure that is above one's own place in the organization. I think that is the toughest part of CRM and I believe that fact is supported by the authors of the text *Crew Resource Management for the Fire Service*. Lubnau & Okray (2005) suggest that 8 out of 10 subordinates would not tell a supervisor of an actual or perceived danger even when they thought it *might result in serious injury of them or their coworkers*. Wow! Well trained firefighters (WTF)? I don't think so. This is a stat we **MUST** change.

While I could go on and on about CRM, I just wanted to briefly discuss this item; CRM requires every team player to speak up when there is a safety issue. That can be tough but the results of not speaking up can be drastic. I can think of numerous case studies where injury and even death could have been avoided if a team player would have simply spoken up. Perhaps they didn't speak up out of fear of retaliation or there was a fear of being wrong. Neither of those items is worth an injury or worse yet, the loss of the life of a crew member. You **MUST** speak up.

I have seen cases where people didn't speak up. I bet you have too. I can recall a situation where I was in a supervisory assignment at a working fire incident. I ordered a crew to the AC corner of a multi-family dwelling fire. In my mind, I wanted them to go to the AD corner but somewhere between my brain and my mouth,

the message went wrong. About two minutes passed before I realized what I had said. I was able to make a correction and no one was injured as a result of my error but what if....?

This incident is a classic case study. The crew I had ordered to go to the AC corner didn't question my order. I am convinced that they did that out of respect for me. Had they questioned the order, they would have "alerted" everyone on the scene to the Chief's error. While I appreciate that they didn't question the mistake out of respect, this is a classic example of not speaking up when one should have. When we talked about it later, they said they were unclear of what I wanted and they kind of wondered around for a few minutes trying to figure that out. That scares me even more. They should have used the "challenge and confirm" mentality to question my order. I am sure if they had immediately challenged my order, I wouldn't have realized my mistake. In my

mind, I knew where I wanted them to go...it just didn't come out right. Despite that, they should have continued to question that order so that they clearly understood what was wanted.

Again, they were being respectful of the Chief. They didn't want me to look like a idiot to everyone on scene. Guess what? It was too late! I had already

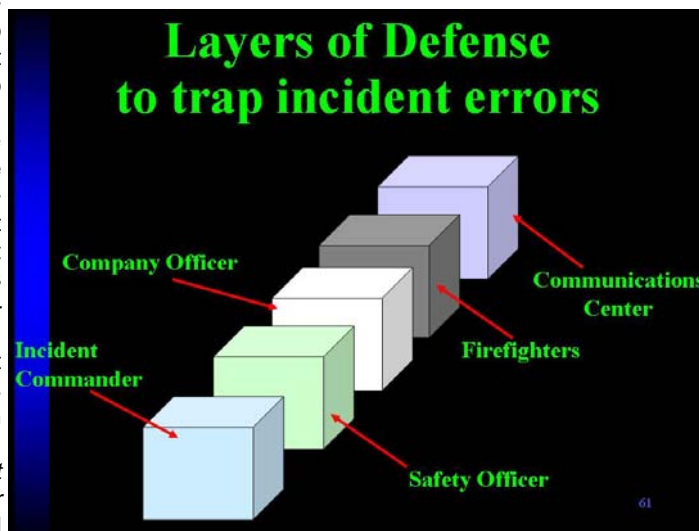
made the error and it was not their fault—it was mine to own—I am okay with that...as long as errors get identified and corrected. I appreciate their efforts, but **CRM is about getting it right—not about who is right**. We need to be right 100% of the time...we should care about getting it right, not about making sure the boss is right. Any boss worth their weight in salt should appreciate that.

I understand the stress of telling one's supervisor that they are making a mistake. It is tough...but with safety, it is a requirement, an obligation so everyone needs to find the courage to speak up when safety is

on the line. Our team has the courage necessary to whatever it takes to get the job done...we **MUST** have the courage to speak up and take action when our safety is threatened.

One last point about speaking up. CRM supports the ICS and maintains that there can only be one central, well supported IC. CRM is not about forming a committee and finding the "best" way to carry out an IAP. Those things should be driven by department SOGs, policy and procedures. We shouldn't be debating the IC's tactic and strategy unless safety is an issue. Those are his/her plans and we should carry them out the best we can with one exception; safety. CRM is about challenging and confirming orders when the safety of the crews, our customers or our equipment are threatened. It is tough to do, but our team will be safer and more efficient when all of our team members are courageous self leaders and speak up when it is appropriate. *Challenge and confirm...your health and well-being depends on it!*

I understand the stress of telling one's supervisor that they are making a mistake. It is tough...but with safety, it is a REQUIREMENT, AN OBLIGATION so EVERYONE NEEDS TO FIND THE COURAGE TO SPEAK UP WHEN SAFETY IS ON THE LINE.



Final Send-Off – AC Jim Mitchell

As I assist with the planning of the funeral for Firefighter Kirk Pederson, I found myself reflecting on my relationship with Kirk. My first station assignment in Des Moines was at Station 7, 2nd Division (B-Shift). Kirk was one of five firefighters assigned with me.

I found myself always going to Kirk to find out the informal information like “what do I do now?” and “where are the new light bulbs?” and “where do I sit during dinner?” You know the types of questions I’m talking about; the questions that you will never find answers to in the Essentials of Firefighters manual or a S.O.G. manual or the type of questions that were never answered in recruit school. The questions that you think will irritate the Captain or the questions that might label you as “the boot”. Kirk always responded without delay! Kirk never said, “That’s a stupid question!” Kirk was always willing to help me and never bragged about “showing me the way”!

I was only assigned with Kirk for approximately 5 months, but we fought several fires together. Pederson was a good firefighter and would always be the last one working! Without a doubt, I knew that Kirk had my back. If I went down in a fire, I knew that Kirk would pull me out! Kirk worked hard and I never heard him complain!

There are a few things I would like for you to know about FF Pederson. Kirk was an avid runner and ran in several competitions, i.e.; 5 K, 10 K, half marathons and one marathon. Until approximately seven months ago, (when he was diagnosed with cancer), FF Pederson worked out every day. Kirk would do 300 sit-ups before eating breakfast. FF Pederson never smoked or used tobacco products. Kirk was a picture of health!

Kirk’s first diagnosis included cancer of the throat, kidneys, lung and liver. All filter areas of your body! We all need to make sure that we do NOT remove our mask too soon, keep soot OFF of your face and hands, know that smoke can enter your body no matter if you’re inside a structure or outside at a structure fire. Learn from those that have left before us! Learn from Kirk Pederson’s situation!

When I was transferred to Station 5, I talked to Kirk when we were shipped out to the same station or in passing at a call or when his company and my company attended the same training, but we didn’t talk on the phone away from work. We didn’t hang out together off the job. However, while planning Kirk’s send-off, I remember what a great person and firefighter Kirk was! I have discovered that Kirk Pederson meant more to me than I really knew! I’m sad that I have lost a person that had more of an impact than I recognized at the time!

Most of you are way younger than I, (especially Chief Holt), and probably don’t think about this kind of thing, but I think it is healthy for each of us to periodically ask ourselves, “How do I want to be remembered?”

Be nice, be good to people, and do the right thing, because you never know whose life you are affecting! Be safe, take care of yourself and take care of each other!



Safety Tip

Carbon Monoxide, The Silent Killer

With the change in temperatures, the furnaces are being turned on or people are finding ways to warm themselves. This increases the chance of exposures from carbon monoxide (CO). It’s a gas that is colorless, odorless, tasteless, and highly toxic. Every year carbon monoxide claims hundreds of lives and sends over 50,000 poisoning victims a year to emergency rooms. Beware of possibly CO poisoning in your patients, and don’t let yourselves be overcome by it. Remember that our CO monitors on our Thomas packs are safety features added to help protect us in these situations.

CO poisoning mimics many common illnesses, such as food poisoning. It is most frequently misdiagnosed as a flu-like syndrome. The following is a list of common symptoms:

- headaches · loss of hearing · dizziness · depression · blurry vision · cardiac arrest
- disorientation · respiratory failure · weakness · vomiting · coma · painful discomfort
- loss of consciousness · muscle aches & soreness · memory disorders · seizures
- nausea · rapid heartbeat · chronic tiredness · slurry speech · additional symptoms of illnesses



TRANSITIONS...Part of Life - AC Rob Light

A person goes through many transitions throughout their lifetime. There are school, transitions, job transitions, housing transitions and even marital transitions for a lot of people. The fire service is no different when it comes to transitions. We have transitions in staffing, officers, equipment, protocols, and on and on. My topic for this article will also be about transitions and will affect all of us on the department. It involves the transition of our EMS certifications to a level that is recognized nationally.



-Complete skills competency verification for patient assessment/management-medical, airway/ventilation of a child in respiratory distress/failure, cardiac arrest management/AED, intravenous bolus administration, and pediatric intraosseous infusion.

-Receive additional training on numerous topics including anatomy and physiology, life-span development, pharmacology, airway management, oxygenation, respiration, medical, multi-system trauma, special patient populations and MCI incidents due to terrorism or disaster.

I know most of you have heard that the transition is coming but I wanted to give you a few more details about the transition and how it will affect you. As of the writing of this article, we are waiting for clarification on a couple of items but this should give you a general idea of the process and time periods involved. I will start with the EMT and work my way up to the paramedic level...

There were many subtopics for the above categories but I did not list them all because I doubt if Chief Holt would want to print a 40 page newsletter for this month. Please see me or AC Cardwell if you have any questions and fall into this category.

Iowa EMT-Basic to EMT

This will need to be completed by March 31, 2014 or March 31, 2015 and will transition on the person's certification renewal date.

Additional training documentation will be required on the following topics:

- Assess and manage a patient with agitated delirium.
- Understand the anatomy, physiology, pathophysiology, assessment, and management of sickle cell patients.
- Understand the pathophysiology, assessment, and management of blast injuries.
- Understand and utilize the pediatric assessment triangle.
- Understand changes associated with aging, psychosocial aspects of aging and age-related assessment and treatment modifications for the major or common geriatric diseases and/or emergencies such as: dementia, Alzheimer's, endocrine diseases, neurological diseases, respiratory diseases, and cardiovascular diseases.
- Recognize the healthcare implications of: homelessness, poverty, bariatrics, technology dependence, Hospice/terminally ill, tracheostomy care/dysfunction, homecare, sensory deficit/loss, and developmental disability.

Iowa EMT-Intermediate to EMT

This will need to be completed by March 31, 2016 and will transition on the person's certification renewal date.

This is what an EMT-I would transition to if they fail to complete the requirements to upgrade to the "Advanced EMT".

Iowa EMT-Intermediate to Advanced EMT

This will need to be completed by March 31, 2016 and will transition on the person's certification renewal date.

Additional training, testing, and documentation will be required on the following topics:

- Complete the National Registry computer based examination

Iowa Paramedic to Paramedic

This will need to be completed by March 31, 2018 and will transition on the person's certification renewal date.

I am not going to list all the requirements for this transition because we do not have anyone that fits in this category and there are WAY too many requirements to list in this newsletter. I hope you understand.

Finally, the one that affects the most of us...

Iowa Paramedic Specialist to Paramedic

This will need to be completed by March 31, 2014 or March 31, 2015 and will transition on the person's certification renewal date.

Additional training/documentation will be required on the following topics:

- Obtain and interpret basic blood chemistry.
- Assess and manage collagen vascular disease, transplant related problems, and agitated delirium.
- Understand the anatomy, physiology, epidemiology, pathophysiology, psychosocial impact, presentations, prognosis, and management of major diseases of the eyes, ears, nose, and throat.

Skills will include discussing the indications, contraindications, advantages, disadvantages, complications, equipment and techniques used for thoracostomy, thoracic drainage system, and monitoring a central line.

As you can see, it will definitely be a time for transition around here and we will all be affected. The time frames for completing necessary tasks seem fairly generous and we are going to try to get the EMT-B to EMT and EMT-PS to paramedic done in house if at all possible. I know AC Cardwell is working on the training requirements and coming up with a game plan for the transition continuing education.

I hope this article cleared a few things up and answered a few questions. For some of you, it might have raised a few more questions than it answered. Feel free to ask me any other questions you might have and I will do my best to get the correct answer if I don't know it (that is a very rare occasion though).

Have a great day and stay safe!

Fire Department Traditions - Andrew Stile

Are you ready for a little more fire service history and tradition? Last month I wrote about the origin of the Maltese cross and how it became the symbol of the fire service. There is another symbol that is seen quite often in the fire service--the shamrock. Did you ever wonder why the shamrock is so prevalent in the fire service? The present day fire service is home to Emerald Societies, the bagpipers and many big city rosters are full of Irish surnames. Is it a coincidence or is there more to the story?

In 1845 the Great Potato Famine struck Ireland and led to mass immigration of the Irish into America. During the famine years, nearly a million Irish arrived in America. As you may know, the Irish settlers were not exactly welcomed to the US. Many of the settlers were mocked and faced hard times in America. During this period there were a limited number of unskilled jobs available and many Americans were worried that the Irish immigrants would be willing to work for lower wages and undercut them for jobs. This led to an increase in anti-Irish sentiment in cities like New York and Boston. Many employers posted "No Irish Need Apply" signs to keep these unwanted guests from taking American jobs. The only jobs these Irish immigrants could get were the dirty and dangerous civil service jobs that no one else wanted. As a result many Irish immigrants became firefighters and police officers.

As the Irish-American presence in the fire service grew, they began to affix images of the shamrock to their apparatus and uniforms as a way to show their Irish pride. The shamrock also became a subtle message to their fellow Irishmen that the fire service was a place where they would not be discriminated against. Through the years, the number of Irish-Americans in the fire service continued to grow and the shamrock became another image synonymous with the fire service. It is not uncommon to see shamrock decals on helmets, trucks or incorporated into company logos. As I mentioned last month, the Brooklyn Fire Department's badge was a shamrock up until the Brooklyn and New York Fire Departments merged.



As the Irish population took hold in the fire service, so did the Irish culture and tradition. Like the shamrock, the bagpipe was another Irish tradition that took root in the fire service culture. The bagpipes were often played at Celtic weddings and funerals, so naturally this tradition carried over to the fire service. The pipes and drums are now a staple of many fire service ceremonies and honor guards.

Another group that emerged with the increase in Irish-Americans in the fire service are Emerald Societies. Emerald Societies are social organizations created to promote the fraternal spirit of firefighters of Irish ancestry. Emerald Societies typically work to celebrate the Irish heritage and provide a positive influence in the communities where their members serve.

The fire service provided an opportunity for many of these immigrants to seek work and make a difference. The different cultures brought many of their cultural traditions with them and they became staples of fire service tradition. When you see a shamrock on a helmet or the bagpipers perform at a ceremony, take a minute to reflect on where those traditions came from. Having some Irish heritage in my family tree myself, it makes me proud to know that my brothers before me opened their doors and offered opportunities to the Irish immigrants that could not find work anywhere else. Carry these traditions forward with pride, and honor those who came before us.

Tango's Tips - Dream, Believe, Goals, Achieve! – Cody Thorne

I was having trouble thinking of this month's topic when suddenly out of nowhere.... I was on a training computer at 41 when I saw "toughmudder.com". Clever play on words yes but "tough mudder" indeed. The Tough Mudder is a mud run / obstacle course in which the runner encounters various challenges along a 10 – 12 mile course. Check out the site. A few months ago Josh Boyle mentioned this event and I was interested but never checked it out. Well now I have checked it out and needless to say, I'm in!

Well, I told you that story to tell you this. We always need goals with our fitness, whether they are short or long term, we need goals! Without a goal we have no direction and without direction we don't know what to do or even where to begin. Set realistic goals you can achieve and continue to reset them as you achieve them. I'll explain more.

Lately my goal has been to bench press 225lbs, a realistic goal for a scrawny 180 lb dude, but only a short term goal with no real "whole" fitness benefit. My long term goal is to exercise every shift for the next 6 months while on duty at 41. Setting that short term goal has set the tone for the long term dream. Yes I said dream.

As I have been exercising regularly for about 2 weeks I find myself looking for new short and long term goals or challenges, which I have now found. See the catalyst? I am now moving to begin training for the Tough Mudder run and also for the Firefighter Combat Challenge. Both at this point are long term goals and will require many short term goals to get there but as the fitness mindset continues the challenge only becomes easier. Goals = Direction!

Let me drop this final thought on you I heard at church a few weeks ago to drive this home...

We must have a DREAM. This is our drive, our catalyst. We must BELIEVE in that dream. Believing only makes us what to achieve the dream even more. We must set GOALS to achieve the dream. Goals give us direction. ACHIEVE the goals. Achieving would mean actually doing the work and reaching your short term goals. It's not that difficult. You can do it! Reach out and grab your dreams by setting goals! Once you have "Achieved", find a new dream and reset the process.

If you have a fitness dream and believe you can reach it but don't know what goals you need to set, just give me a call or visit me on shift and I would be more than happy to assist you with setting goals and achieving your dreams! Stay fit, stay healthy!

Other programs/training/projects completed by UFD in October:

Training Report: 1,088 hours of training were completed in October.

Fire Training: 980 hours

EMS Training: 107.5 hours

Prevention & Inspection Activities:

- Completed 8 Inspections
- Completed 11 re-inspections
- Completed 6 preplans
- Conducted 14 plan reviews
- Conducted 11 Car Seat checks
- Conducted CPR classes for 12 people and First Aid for 7 people
- Conducted public ed/public relations for 9,567 people



WHAT'S HAPPENING AROUND THE DEPARTMENT...

- Plans for our first Citizen's Academy are being made. Our first meeting was held in early November and the dates of the class have been selected; The class will meet on Thursday nights and will begin on March 29th and conclude on May 17th. Classes will be conducted from 6– 10 PM and will make every effort to include “hands-on” each night. Those who have agreed to participate in the planning process are Drew Stiles, FM Rech, AC Cardwell, Julie Stuckle, Lt. Routson, Mike Roe and Rob Zahnd.
- The budget process is in full swing. The CIP hearing will begin December 6th and I expect that the budget will be completed in early December as well. While we haven't received the directions for this year's budget process, it is expected that at best it will be a status quo budget with no new positions or new initiatives expected to be funded.
- The WestCom radio replacement project is moving forward. The numbers and types of radios have been submitted for purchase. The new radios will be delivered in late Spring or early summer. Right now, the plan is that we will begin using the new radios soon after that on the existing system. The new radio infrastructure will go on line later in the year and will require only an “over the air” programming change to allow the new radios to work on the new system.

Chief's thanks...

- I cannot thank everyone enough that helped with the dedication of the Monte Burr Memorial Garden and the 9/11 Memorial. While it may not be apparent, there were many hours put in for the planning, construction of the memorials and the planning of the program. The memorial turned out much better than we envisioned and the program was worthy of the cause. The weather was great and attendance was respectful. While many people put in countless hours, I'd like to mention a few that were instrumental in the process; AC Cardwell, FM Rech, Lt. Birkett, and AC Mitchell put in tremendous efforts to see that the memorial was a fitting tribute that we can all be proud of. Each one of them should be proud of their efforts and contributions. Others put in a great deal of time and effort as well; John Ouverson, Demir Miljkovic, Jamie Erie, Ed Palizzolo, Derek Manser and Mike Roe all donated their off time to make the memorial possible.
- Many thanks to all of our personnel who took time on that Sunday afternoon to help dedicate the memorial. I am grateful that you took the time to remember those who have gone before. Thank you for being there!
- Thanks to everyone who helped out with a very busy month with fire prevention efforts. Thank you for helping out with our Open House and all of the other events that helped us to interact with over 9,500 people this year. Our Open House at Station 41 was a success and we had many visitors. Your efforts to “promote safety through education are very much appreciated!!

“YOU’VE BEEN CAUGHT DOING AN OUTSTANDING JOB” LETTERS...

We continue to recognize your efforts. Whenever we receive a thank you letter, card or a phone call, we pass that along to the people involved in the form of a “You’ve Been Caught Doing An Outstanding Job” letter. As of November 1st, we have sent **102 letters** to our personnel. The following people received “You’ve Been Caught” letters since our last newsletter:

Lt. Wilson, Bryce Landers, & Cory Young

We received a thank you letter for our participation in a block party on 66th on Oct. 1st. The writer wanted to thank us for helping them have a great block party. She pointed out that they were “very sociable and informative”. Great job!

Lt. Birkett, Tom Montgomery, & Eric Ennen

We received a thank you card and a thank you email for helping a person with a flat tire. She wanted us to know how much she appreciated what you did...she states that “you guys turned a bad day into a good one in a matter of minutes. The crew got her to her destination with a ride in a fire truck and she says she will “never forget riding in the fire truck”. Great job exceeding a customer’s expectations...when she had NO expectations to start with!

Lt. Macumber, Tom Montgomery, Drew Stiles, & Cody Thorne

We received a thank you note from Walnut Hills Elementary for our participation at their Tailgate/Spirit night on Sept. 23rd. The note states that the kids loved checking out the truck and that we helped to make their event a success. She offered thanks for all that we do to “serve and protect our community”.

Demir Miljkovic, John Ouverson and Jamie Erie: [Blue Sheets](#)

Three blue sheets are being awarded: Lt. Birkett turned in a Blue Sheet for Demir Miljkovic, John Ouverson and Jamie Erie for their efforts on their own time to complete work on the 9/11 memorial site for the dedication and Station 41 in preparation of the open house. These three – including Lt. Birkett showed great pride and ownership in the department by donating their free time to make sure that everything looked great for our events!

Lt. Birkett

Lt. Birkett received a plaque for all of his efforts as the project coordinator for the 9/11 memorial. Lt. Birkett contributed many, many hours and resources to help the memorial be a fitting tribute to 9/11 and in memory of Monte Burr. We have a very fitting and beautiful memorial garden – thanks to Lt. Birkett.

Thanks to all of you for providing outstanding service!!



Mikey Roe shows the crowd what a real firefighter looks like as we prepared for the open house. As you can tell by the look on the faces, everyone was very impressed!

Last Safety Incident:



As of November 1st

4 days without a safety incident



130 days without a lost time

injury

Incidents since last newsletter:

- 10/22 – damaged radio, fell from apparatus
- 10/22 – injured by broken glass at fire scene
- 10/27 – damaged light mast on ATF Truck

None resulted in a loss time injury.

ON THE LINE

Member Profile...

Member Profile: Blair Dickey

Length of time with UFD: Since September of 2011

What got me interested in the Urbandale Fire Dept: Have heard nothing but great things about UFD

Previous EMS experience: 3 Years as a Basic and 1 Year as a Paramedic...All with Wapello Fire Department (SE IA)

Previous Fire experience: 12 years with Wapello plus 3 years as an Explorer

Family life: Single with 2 Weiner dogs.

Professional work: Paramedic @ Iowa Lutheran ED, 12 months

Activities or hobbies I enjoy: Hunting, Dirt Track Racing, Boating, Hawkeye Football, Grilling & Smoking Food, Watching Movies, & Facebook

Favorite TV programs: Friends, Pawn Stars, College Game Day, Man vs. Food, Trauma Life in the ER

Favorite movies: Shawshank Redemption, Top Gun, Backdraft, Just Go with It, Gran Torino, The Guardian, I Love You Man

Last book that I read My Paramedic Textbook

Most memorable moment outside of UFD: Becoming a Paramedic

Personal goals: Become a Career Firefighter, Finish College, and someday fly as a Flight Medic

What I enjoy about UFD: Everything

Favorite quote: In the end it's not going to matter how many breaths you took, but how many moments took your breath away.



Fire Prevention Week 2011—Station 41 Open House



Picture this...

MONTE BURR MEMORIAL GARDEN DEDICATION...

